



Form of usage and distribution of motions for the degrees of difficulty in taolu

Federation / Association / Club Name

Name of member

Date of birth Nationality Sex Height in cm **Note:**

Describe the difficulty of moves, and combinations and innovation in the routine, which may be included in the form move by move, from left to right. Each segment will be given a code designation of difficulty and spreading of moves.

1. segment I	
Image: Segment Image	
3. segment Image: Constraint of the segment Image: Constraintof the segment	
3. segment	
4. segment	
Total: for for for moves combinations innovation	
Trainer signature Contact information	
Trainer signature Contact information	